

**Strengths of a Melancholy**-The Introvert |  
The Thinker | The Pessimist

BY [www.oneishy.com](http://www.oneishy.com)

**The Melancholy's Emotions**

Deep and thoughtfully  
Analytical  
Serious and purposeful  
Genius prone  
Talented and creative  
Artistic or musical  
Philosophical and poetic  
appreciative of beauty  
Sensitive to others  
Self-sacrificing  
Conscientious  
Idealistic

**The Melancholy As A Parent**

Sets high standards  
Wants everything done right  
Keeps home in good order  
Picks up after children  
Sacrifices own will for others  
Encourages scholarship and talent

**The Melancholy At Work**

Schedule oriented  
Perfectionist, high standards  
Detail conscious  
Persistent and thorough  
Orderly and organized  
Neat and tidy  
Economical  
Sees the problems  
Finds creative solutions  
Needs to finish what he starts  
Likes charts, graphs, figures, lists

**The Melancholy As a Friend**

Makes friends cautiously  
Content to stay in background  
Avoids causing attention  
Faithful and devoted  
Will listen to complaints  
Can solve other's problems  
Deep concern for other people  
Moved to tears with compassion  
Seeks ideal mate

**Weakness of a Melancholy**-The Introvert |  
The Thinker | The Pessimist

BY [www.oneishy.com](http://www.oneishy.com)

**The Melancholy's Emotions**

Remembers the negatives  
Moody and depressed  
Enjoys being hurt  
Has false humility  
Off in another world  
Low self-image  
Has selective hearing  
Self-centered  
Too introspective  
Guilt feelings  
Persecution complex  
Tends to hypochondria

**The Melancholy As A Parent**

Puts goals beyond reach  
May discourage children  
May be too meticulous  
Becomes martyr  
Sulks over disagreements  
Puts guilt upon children

**The Melancholy At Work**

Not people oriented  
depressed over imperfections  
Chooses difficult work  
Hesitant to start projects  
Spends too much time planning  
Prefers analysis to work  
Self-deprecating  
Hard to please  
Standards often too high  
Deep need for approval

**The Melancholy As a Friend**

Lives through others  
Insecure socially  
Withdrawn and remote  
critical of others  
Holds back affections  
Dislikes those in opposition  
Suspicious of people  
Antagonistic and vengeful  
Unforgiving  
Full of contradictions  
Skeptical of compliments